


Tournament Rules

Rule	Topic	Explanation
1	Pitch size	55m x 45m
2	Number of players	10 players
3	Ball size	4
4	Maximum Playing Time	90 min in 48Hrs
5	Restarts	Fault = Scrum on halfway
6	Defence offside line	10m
7	Roll-away rule	Yes, player must roll after tackle
8	Tackle Zones	Green = Below Hips
		Yellow = Below Nipple line - hips (1 = warning, 2 = Penalty, 3 = Substitute)
		Red = Above nipple line (Automatic Penalty and player must be substituted)
9	Running directly into contact	Forbidden = Penalty
10	Hand-off	Forbidden = Penalty, however player may push off the defender in contact
11	Fight for ball in contact	No
12	Fight for ball after contact	Yes - by first arriving player
13	Playing #9	<ul style="list-style-type: none"> - Only allowed after 9 has taken one step with the ball in hand from scrum and lineout, Sanction = Free Kick - 9 may be played within the ruck
14	Ruck	Yes - 1+2 in 1+2
15	Maul	Only 3 players are allowed in the Maul per team, and 3 seconds to use the ball after the first 'use it' call
16	Scrum	Yes, uncontested. 5 v 5

17	Line-outs	Uncontested 3 v 3, the player receiving the ball can only be tackled if he takes one step, otherwise must wait for the player to pass to scrumhalf.
18	Open play/kick	Can kick as long as the ball does not go into touch. If the ball goes into touch even with a clear bounce a scrum will be awarded to the opposing team where the ball was kicked from
19	Kickoff	Must be a drop kick, if unsuccessful or kicked out or dead the opposing team will be awarded a scrum at/on the halfway
20	Restart	The team scored against may decide whether they would like to kick off or receive the ball
21	Penalties and freekicks	Tap and go after the opposing team steps back 10m (Referee will give team 1-2 seconds to retreat back 10m)
		Defence can advance on tap
		Penalties may NOT be kicked into touch for a lineout
22	Offside line on scrum	5m
23	Advance off scrum	As soon as 9 has taken 1 step with the ball in hand or passed the ball
24	Boots	NO metal studs on rugby boots
25	Dangerous play	PROHIBITED